



## Upcoming LOWLINC Activities and Events

**Call 855-569-5462 to reserve/request a ride**



**LOWLINC Speaker Series – Lee Frame.** Thursday, February 28, 1:30 to 3:00 p.m. Community Center.

County Supervisor Lee Frame will kick off the LOWLINC 2020 Speaker Series with a discussion on: facts and rumors about development in our area of the county and the status of the Germanna Wilderness Area Plan; the recent real estate reassessment, how to appeal and the effect on taxes; and an update on the new public safety center. The Speaker Series is free and open to all Lake residents. Don't miss this important session.

**Saturday Matinee at Mount Pony – The Cameraman.** Saturday, February 29, 1:15 p.m.

Buster Keaton stars as an aspiring newsreel cameraman out to win the heart of studio secretary Marceline Day in this silent comedy classic from 1928. There will be live musical accompaniment as we are entertained by this master of comedy. The show is free and runs 1 hour 15 minutes. Call Denise to let us know you're coming. We'll gather at the Clubhouse lower level parking lot at 1:15.

**Get-together at Fareways.** Tuesday, March 3, 4:30 p.m.



Join us for an informal social gathering at Fareways café! This is a great opportunity to visit with your fellow LOWLINC members and volunteers and enjoy a meal together. Chris and Mark provide entertainment in the background starting at 5:00. Guests are welcome.

**LOWLINC Speaker Series – Hearing Health** Thursday, March 12, 1:30 to 3:00 p.m. Community Center.



Paul D. Kuster, Au.D., will be the featured speaker at the March LOWLINC Speaker Series. Kuster is doctor of audiology at his own practice, Ascent Audiology and Hearing. His presentation will cover how hearing tests are conducted and evaluated, various types of hearing loss, the kinds of maladies of the ear, e.g., tinnitus, different types of hearing amplification devices and how the best fit for the individual is determined. The Speaker Series is free and open to all Lake residents.

**Game Day/Lunch.** Wednesday, March 18, 11:30 to 2:00. Community Center. Room 2.



In 2020, LOWLINC hosts a Game Day/Lunch on the third Wednesday of every month. Lunch is pizza, subs, or sandwiches that are brought in. Cost typically will be \$5 or less. You can also bring your own lunch.

Games can be whatever participants fancy, including bingo, card games and dice. This monthly social will be a great opportunity to get out of the house for a few hours, have some fun and socialize with your LOWLINC friends. Call Denise at 855-569-5462.



**Lunch at O'Charleys.** Thursday, March 26. 11:30 a.m.

We'll try a new place for us, O'Charleys in Central Park. American fare and plenty of choices to fit any palate. Gather at the lower level Clubhouse parking lot at 11:30.

If you need a ride and have errands in Central Park that day, let Denise know and we'll find a driver who can stay after lunch for shopping.

**Walking at Walmart.** Accompanied by volunteers, members walk, socialize and if needed do light shopping on Wednesday mornings. Members will be picked up at 11:00 a.m. and brought back to their homes by 12:30 p.m. each week. This is a great chance for a small group of walkers and shoppers to exercise and socialize. Weekly participation is encouraged, but not required. Call Denise at 855-569-5462 to let her know you want to participate.

**Great Lives Lectures.** Mary Washington University. Tuesdays and Thursdays, 7:30 p.m., through April.

We are sponsoring trips to the William Crawley Great Lives Lecture Series at the University of Mary Washington Dodd Auditorium, pending availability of a volunteer to drive. Below are the lectures for the entire series. If you see one you're interested in, call Denise at 855-569-5462. See <https://www.umw.edu/greatlives/>.

Date	Topic	Date	Topic
February 25 (was Feb. 13)	John and John Quincy Adams	March 24	Karl Marx
February 27	Frederick Douglas	March 31	Hedy Lamarr
March 10	Female Internet Inventors	April 2	Sandra Day O'Connor
March 12	C.S. Lewis	April 7	Nikita Krushchev
March 19	America's Notorious Pirates	April 14	Pioneer Female Aviators

### Reminders:

**Impaired Vision Support Group** meets the first Tuesday of the month at 10:00 a.m. in the Community Center.

**AARP Free Tax preparation.** Lake of the Woods Clubhouse. Fridays & Saturdays; Call 540-268-8837 for appointments.