

Upcoming Social Activities

You're invited! Please call Stacey to make a reservation (1-855-569-5462). Social Activities Committee member Joe Sauro is our host for June.

Going to Italy for Lunch. Castiglia's Italian Restaurant. Monday, June 10. 11:00 a.m.



Lunch at Castiglia's Italian Restaurant. Monday, June 10, 11:00 a.m. – 2:00 p.m. 10705 Courthouse Rd, Fredericksburg.

We are stepping out of our LOW area and going to lunch at Castiglia's Italian Restaurant. We will have our own

private room and you will feel like you are in Italy You can order subs, pizza, salads, pasta, and special entrees from \$7.95 to \$10.95.

This is a great opportunity for new and older members to meet each other.

Do you know someone who has been thinking about joining LOWLINC as a member or volunteer? Invite them along for fellowship and a chance to find out what we're all about.

We will gather at the lower level of the Clubhouse parking lot at 11:00 a.m. Call LOWLINC Coordinator Stacey Madigan to make your reservation and let her know if you are bringing a guest.

Wine Tasting at Old House Vineyards. Thursday, June 20, 3:00 pm. 18351 Corkys Lane, Culpeper, VA 22701.



By popular demand we are going back to Old House Vineyards for a wine tasting. We will have our own private room reserved for us. Each person will pay \$10.00 in advance to taste 7 different types of wine and will receive a souvenir glass. After our tasting you are welcome to walk the beautiful grounds and see the beer garden and distillery.

You may bring your own cheese and crackers or whatever you like, or you can buy refreshments there. If you attended last year you remember how much fun we had. We had a great turn out last year and we expect one this year too so don't be left out.

We will gather at the Clubhouse lower level parking lot at 2:15 p.m. Members, volunteers and any prospective members are invited. Everyone is responsible for their own charges. Call Stacey to make your reservation and let her know if you are bringing anyone else with you.

Picnic on the Point. Thursday, June 27, 4:00 to 7:00 p.m. Clubhouse Point.

Join us for an old-fashioned picnic at the Clubhouse point!



The LOWLINC Member Outreach and Social Activities Committees are putting on a picnic at the Clubhouse point for LOWLINC members and volunteers. There will be fishing, games, visiting, boat rides and great food at this fun event.

The picnic dinner will be provided by Allman's Bar-B-Que in Fredericksburg, featuring pulled pork and chicken sliders, mac and cheese, baked beans and coleslaw. The cost is \$13 per person. Bringing grandchildren? Their BBQ dinner is \$6 each for ages 6 to 12; ages 5 and younger are free. Watermelon and sweets will be served for dessert. Beverages will be provided. You are also welcome to bring your own picnic meal, but please let Stacey know you are coming.

Send your check (include "BBQ dinner" in the memo line) to Picnic on the Point, LOWLINC, P.O. Box 518, Locust Grove, VA 22508. **The hard deadline for receipt of payment is Friday, June 21 so that we can provide Allman's with the number of dinners.** Payments received after June 21 will be returned.

We're looking forward to seeing you at the Clubhouse point for this LOWLINC picnic! In case of rain, we've reserved the Pavilion at Sweetbriar Park and will coordinate notification if we have to move to the Pavilion. Send your check now and call Stacey if you need a ride.

LOWLINC Speaker Series



Tuesday, May 21, 1:30 p.m. Community Center

Jim LaGraffe, Executive Director Rappahannock Rapidan Community Services

Learn about how RRCS can serve you with its wide array of programs and services, including:

- health insurance counseling and assistance (Medicare and Medicaid)
- chronic disease management
- home-delivered meals