



Upcoming LOWLINC Social Activities and Events

Featured on this page are social activities for April as we prepare to welcome Spring back to the Lake. Social Activities Committee member Christy Rappoport hosts our April social events. The rest of this flyer features other events and news of interest. Call Stacey at 855-569-5462 to reserve your spot at one of these great activities.

Afternoon at the Movies! Thursday, April 4. Early afternoon. Fredericksburg.



It has been a while since we had a movie outing. We are going to a matinee at one of the theatres in Fredericksburg--either the Paragon movie theatres at the Spotsylvania Towne Center or the Regal Cinemas in Central Park. Ticket prices typically are \$8.50

Call Stacey now to let her know you're interested, and we will get in touch with you when we know which movies will be available and to confirm you would like to go.



Lunch at Harry's Ale House. Wednesday, April 10. Meet at 11:15 a.m.

We will take a short ride down to Harrison Crossing for lunch at Harry's Ale House. Harry's lunch menu features a wide variety of choices including sandwiches, wraps, salads, lunch plates and vegan and vegetarian selections. Hamburgers are a specialty. Prices range from \$9 to \$14.

Meet at the Clubhouse lower level parking lot at 11:15 a.m. See Harry's website at <https://www.harrysalehouse.com/> for the full lunch menu.

Basic Calligraphy - The Foundational Hand. Tuesday, April 23, 1:00 to 3:00 p.m. Community Center. \$5 fee for supplies.



This workshop is taught by our own LOWLINC volunteer, Marilyn Davis. In this workshop we will learn the basics of calligraphy - what it is, what tools to use, and how to get started. We will go over basic calligraphic strokes that make up the Foundational hand which is also the starting point for learning other hands such as Italic. The class can accommodate 12 participants.

All you need for this class are (if you have them) some pencils, an eraser, a ruler, and most importantly, your enthusiasm and willingness to learn something new. Good handwriting is not a prerequisite for calligraphy! At the end of the class, each participant will leave with a handmade bookmark and an appreciation for the calligraphic arts.

LOWLINC Speaker Series: Research Your Genealogy for Free. Wednesday, April 17, 10:30 a.m. to 12:00 noon. Community Center Craft Room (note time/room change).

The April Speaker Series presentation on Hip Health and Replacements has been postponed due to speaker unavailability and will be rescheduled.

We are pleased to have procured an alternate speaker...on an entirely different subject – genealogy! Many members have expressed an interest in this topic and we have engaged Katie Derby, a professional genealogist who is currently a reference librarian with the Culpeper County Library. Those of us who have heard Katie present know that attendees are in for a real treat...she's knowledgeable, personable and makes her subject fun and understandable. Katie's talk will be: **The Price is Right: Free Online Research.** This presentation is great for both seasoned Internet surfers and for beginner surfers.

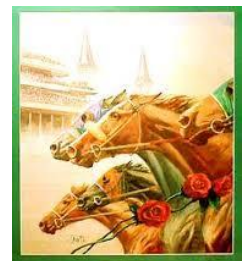
New: LOWLINC to Offer Planting Days for Members in May



Spring has finally arrived! Perhaps you have a small area in your yard where you would like some cheery annuals or reliable perennials, or maybe you have a few containers that need to be refreshed with new plants. Good news: several LOWLINC volunteers have offered to brighten your yard or containers with new plants in early May. You will need to purchase the plants, containers, potting soil, or other soil amendments. The volunteers will spend up to two hours planting at your home. Interested? Contact Stacey. Volunteers will then contact you to discuss what you are going to purchase and find a mutually good time to schedule the planting service. This new service is organized by the LOWLINC Member Outreach and Volunteers committees.

Kentucky Derby Party. Saturday, May 4, 5:00 p.m. to 7:30 p.m. Fareways Café

Yes! The LOWLINC Kentucky Derby Day that was such a hit in 2017 is back! Join your fellow horse racing enthusiasts for the 145th Run for the Roses. We will gather at the Fareways Café for pre-race festivities, then watch "The Greatest Two Minutes in Sports" together at 6:50 post time. When you check in on May 4, you will be given tickets to place into buckets representing your favorite horses. Winners for Win, Place and Show will be drawn from the buckets of the winning horses. There will be a Derby trivia contest and a contest for best hat: create your own, wear the one you made two years ago, or use one we will have on hand courtesy of the LOW Players from its *Hello Dolly!* show last fall.



Admission price is \$10.00 per person which covers the prizes and an unlimited hot dog buffet, including chili, sauerkraut, coleslaw, chips and all the usual fixings. There will be a cash bar, and a specialty drink available as well as pecan pie with whipped cream (all available for purchase).

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Derby Party, cont'd

Prepayment is required. Deadline is April 26. The options for payment are:

1. Send a check for \$10.00 per person payable to LOWLINC, and mail to: Kentucky Derby, LOWLINC, P.O. Box 518, Locust Grove, VA 22508 by April 26th. Note "Kentucky Derby Party" on the check and the envelope.
2. Register and pay by credit card on-line at LOWLINC's secure website: www.lowlinc.org (Call Maureen Callahan at 540-972-6883 for assistance in registering on the website.)

Make Your Voice Heard on Aging Issues in Orange County!

LOWLINC is partnering with Aging Together to sponsor a **Community Conversation on Aging**. Aging Together is the organization that brings together individuals and organizations in our area to conduct educational events and expand services for older adults and their families. The purpose of the Community Conversation is to help Aging Together develop its strategic plan for the next 3 to 5 years by participating in group discussions about what seniors see as critical needs in our area in the coming years. Discussions will focus on access to health care, transportation, housing, home repairs and other topics. LOWLINC members know Aging Together as the group that puts on the excellent annual October Art of Aging Expo in Culpeper.

The Lake of the Woods Community Conversation will be held at the Community Center, Wednesday, April 24 from 10:00 a.m. to 12:00 noon, followed by a free box lunch for pre-registered attendees.

How to register: The AARP Virginia office is assisting with registration. Call **1-877-926-8300**. You may register online at: <https://aarp.cvent.com/AARPVAAGingTogether> (select Orange County-East). You can also register by calling Aging Together directly at 540-829-6405.

Have You Signed Up for LOWA Text Alerts?

If you can receive texts on your cell phone, you don't want to miss this great new service from LOWA, called Community Text Messaging. You can now receive alerts on your phone about sudden or unexpected situations here at the Lake, such as road blockages or closures and unexpected amenity closings. Community Text Messaging does not replace emergency text messages from sources such as Orange County alerts and severe weather alerts, and it is not used for non-critical information like scheduled road closings or Clubhouse menu changes.

It's very easy to sign up: Open up a new text message. In the "To:" line, enter 84483; In the message area, enter LOWAVA. Hit send. Receive a confirmation from "Rained Out" that you are subscribed.

Examples of texts recently sent via this new Community Text Messaging service include: a detour on Lakeview because of Verizon work; LOWA amenity closures because of snow; Board meeting postponed; and TV18 unavailable. For more info, see: www.lowa.org.

Wilderness Toastmasters meets every 1st and 3rd Tuesday of each month from 6:30 - 8:00 PM at the LOW Community Center. This is a chance to improve your public speaking and build leadership skills. For more information: 540-842-9482 or wildernesstoastmasters@gmail.com.

Single-stream recycling is here! No more sorting your recyclables! At long last Orange county has implemented the recycling program where you don't have to separate glass, plastic, aluminum, cardboard and paper. You can put all your recyclables into those shiny new green bins at the compactor site. Please...no plastic bags, which can really gum up the sorting machines. Take your plastic bags up to Food Lion or other grocery stores for recycling.

University of Mary Washington Great Lives Lecture Series. Here are the final lectures in the 2019 UMW Great Lives lectures. The lectures are held Tuesdays and Thursdays through April, from 7:30 p.m. to about 8:45 p.m. at Dodd Auditorium, UMW Fredericksburg campus. Call Stacey if you'd like to go and would like a ride. Drivers leave the Lake at 6:30.

Mar. 21	<u>J.R.R. Tolkien</u>	Devin Brown
Mar. 26	<u>Laura Ingalls Wilder</u>	Caroline Fraser
Apr. 2	<u>Gehrig and Ripken</u>	John Eisenberg
Apr. 4	<u>The Last Romanovs</u>	Helen Rappaport
Apr. 9	<u>POW Wives</u>	Heath Hardage Lee

<p>Mailing of Monthly Flyer: Some members responded in our survey last Fall that they would agree to receive their monthly Social Activities flyer (this document) via email. Starting next month – May – we will email this flyer to those of you who responded “yes” to email. If you receive an emailed version and find that you would prefer to go back to a mailed copy, just let Stacey know, or email lowlinc.communications@gmail.com.</p>
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