

November/December LOWLINC Social Activities and Events

The holidays are fast approaching, and November and December are packed with LOWLINC social activities and other events! Take a look and let Stacey know at 1-855-569-5462 which ones you'll be participating in.

Election Day is Tuesday, November 6. If you need a ride to the polls, LOWLINC volunteers are standing by to take you. They will escort you inside, or curbside voting is available. Don't let the lack of a ride keep you from voting!

Tickets Still Available: LOW Players Present Hello Dolly! Sunday, October 21, 2:00 p.m.



LOWLINC has a few seats still available for the matinee on Sunday, October 21. Tickets are \$29 each, payable by check to LOWLINC and mailed to P.O. Box 518, Locust Grove, VA 22508. Hosted by Susie Wright. Call Stacey today if you are interested.

Election Day Chicken Dinner. Tuesday, November 6, 4:30 p.m. Community Center.



This traditional election day dinner is sponsored by our local chapter of AARP. Join us for delicious home-cooked barbecued chicken, baked beans, cole slaw and homemade brownies for dessert. All this for just \$10.00 prepaid. The meal includes coffee, hot tea, iced tea, and lemonade. This year, the event has moved

to the Community Center. Susie Wright and Phyllis Sakole are the hosts.

Many members receive tickets for this event. If you need to purchase a ticket, send a check for \$10 to LOWLINC, P.O. Box 518, Locust Grove, VA 22508 by Monday, Oct. 29 and note on the memo line "Election Day Chicken Dinner." Please call Stacey if you need a ride.



Volunteer Appreciation Event. Wednesday, November 7. Marion Pronk Hall, Community Center. 5:00 to 7:00 p.m.

We will gather to salute LOWLINC's wonderful volunteers and supporters. There will be dinner and conversation, music and most importantly, recognition of our volunteers. Please join us for a delicious dinner (no charge) of salad, roast beef, turkey and stuffing, mashed potatoes, mixed

veggies and brownies. Wine and iced tea, too! RSVP to Stacey by October 29 and let her know of any dietary restrictions.

Over



Games Galore & Pizza. Monday, November 12, from 10:30 a.m. to 1:00 p.m. Community Center.

This event is our bi-monthly get together to socialize and play games. Bingo will be featured this month with some great prizes. Other games, such as

cards, Dominoes, and Yahtzee will also be offered. Please bring \$5.00 for pizza or feel free to bring a lunch; we will eat as soon as the pizza is delivered at noon. Susie Wright and Phyllis Sakole are the hosts.



LOWLINC Members Holiday Dinner, Thursday, December 6, 5:30 p.m. Clubhouse Dining Room.

Kick off the holidays with a festive dinner at the Clubhouse, which will be beautifully decorated for the season. This year, we'll have a cash bar and buffet, and all dinners will be prepaid. On the menu: garden salad, carved beef au jus, carved turkey, corn bread, garlic mashed potatoes, vegetable medley and pumpkin pie. Cash bar. Cost

per person is \$20, prepaid by mailing your check to LOWLINC, P.O. Box 518, Locust Grove, VA 22508. Deadline for receiving your check: November 26.

Christmas Carols at Fareways, Tuesday, December 11, 5:30 p.m.



Christmas wouldn't be Christmas without beautiful carols. We'll gather at Fareways for Open MIC night when Chris Forzano and Mark Tarallo (the popular Chris and Mark Duo) will sing some of the season's favorites. You can order from the regular Fareways menu if you wish, including a beverage from the bar. Chris and Mark usually play until 8:30. The entertainment is free but Chris and Mark accept free-will donations to St. Jude's

Children's Hospital.

Free Holiday Gift Wrapping, Monday, December 17, Location TBD, 10 a.m. to 2 p.m.



Do you have gifts you need to wrap or do you simply hate wrapping? Volunteers will have tape, wrapping paper and ribbon to assist you in creating the most beautifully wrapped gifts ever! If you have a particular wrapping paper you like, please bring it. This event is open to your friends and neighbors, too. There is no charge, but donations of ribbons and paper are gladly accepted.

A Few Important Reminders:

National Prescription Drug Take-back Day, October 27. LOWLINC will collect your expired and unneeded prescription drugs and deliver them to the collection center at the Clubhouse for disposal. If you have drugs that have expired or left-over medications you aren't taking any more, call Stacey to arrange for pick up.

Member Satisfaction Survey: Please Respond Today! Included with this flyer is the 2018 LOWLINC Member Survey. We want to hear from you so we know how best to serve you. This year's questionnaire was prepared by the Member Outreach Committee. Please let us know how we're doing and give us your ideas for activities and improvements. Return stamped envelope is provided!

Health and Wellness: Chair Exercise Class. There's still room in the new chair exercise class for LOWLINC members led by LOW fitness expert Donna Jackson. The classes are held Mondays and Thursdays, noon to 12:45 p.m. in the Community Center. Call Stacey to get a spot, or drop by the next class to try it out.