



## Social Activities for November and December 2017

You're invited! Please call Sparkle to make a reservation (1-855-569-5462)

**Pizza Party/Game Day, Thursday, November 2, 10:30 a.m. to 1:00 p.m., Community Center. Free.**



Pizza and Games! We meet at the Community Center to enjoy company and conversation, games and prizes. Bingo, Crazy Eights, Left/Right/Center, Scrabble, Parcheesi, Dominoes, and much more are on the program. Popcorn and fun are on the menu. If you would like pizza for lunch, bring



\$5.00 and we will order for you. Or, feel free to bring a bag lunch. Bottled water is provided.

**Election Day Chicken Dinner. Tuesday, November 7, 4:30 p.m. Clubhouse.**

The Clubhouse



This traditional election day dinner at the clubhouse is sponsored by the LOW chapter of AARP. Join us for delicious home-cooked barbecued chicken, baked beans, cole slaw and homemade brownies for dessert. All this for just \$9.00 including coffee, hot tea, iced tea, and lemonade. Please let Sparkle know by November 1 if you are interested in joining other LOWLINC members for this enjoyable get together.

**LOWLINC Speaker Series: Unearthing the 18<sup>th</sup> Century--Archaeology at Fort Germanna. Dr. Eric Larsen. Thursday, November 16. 10:00 a.m. Community Center. Free.**



Do you know about the early eighteenth-century history in our own back yard? The first German immigrants in Virginia arrived in 1714 and were settled by Lt. Governor Alexander Spotswood at Fort Germanna. Over the past two summers, archaeologists, students, interns, and volunteers, led by Dr. Eric Larsen, have searched for evidence of the wooden palisade walls of the fort that Spotswood built on Virginia's colonial frontier. Dr. Larsen's presentation will cover the fascinating discoveries

of the research to date. The talk is open to all Lake residents. Tell your neighbors and friends.

**Stage Alive: Eric Lu, Concert Pianist, Music of Frédéric Chopin. Saturday November 18, 2017 7:30 p.m. Culpeper County High School Auditorium. \$10 per ticket.**



Pianist Eric Lu performs an all Frédéric Chopin concert. A Boston area native, Eric, at the age of 19, has built an international reputation as a pianist a distinctive musical style.

In October 2015 Eric Lu was awarded fourth prize at the 17th International Fryderyk Chopin Competition in Warsaw. With his concert life being fresh and new, he has already received compelling responses by audiences worldwide to the beauty and intensity of his music.

**Christmas Gift Wrapping Social. Friday, December 1, 10:30 a.m. to 1:00 p.m. Fareways.**



LOWLINC Social Activities Committee Chair, Maureen Callahan, and Member Shirley Rowe will host a Christmas Gift Wrapping Party! Bring your presents to the Fareways and we'll help you get them wrapped and ready for giving. LOWLINC Volunteers are welcome too. Bring your own supplies, or LOWLINC will provide them.

Let Sparkle know you're coming and give her an idea of what you're bringing and whether you'll need boxes, so that we will have the supplies we need. We'll order lunch from the Fareways menu and have a chance to socialize.

**Holiday Dinner at the Clubhouse. Thursday, December 7, 5:00 p.m.**



Like last year, we will start the month of December and the holiday season with a festive dinner at the Clubhouse. The Garden Club once again will have the Clubhouse beautifully decorated, and we are thrilled to have such a beautiful venue for our holiday dinner. We would love to have you share a

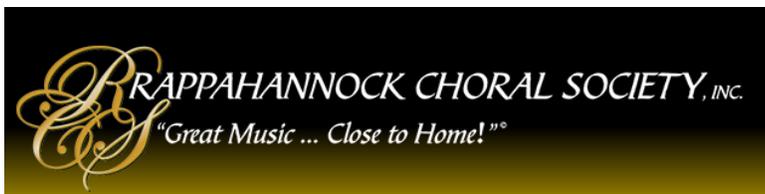
favorite Christmas or holiday memory with us as we reflect on past holidays. We will celebrate how much LOWLINC has grown since last year, and look forward to the 2017 holiday season. What a great way to kick-off the holidays! Reserve with Sparkle by December 1.

**LOWLINC Holiday Get-together  
Wednesday, December 13  
5:00 pm to 7:00 p.m.  
Community Center**



The LOWLINC Board, and Volunteer and Social Committees invite members, volunteers, supporters, spouses and guests to a Holiday Get-together in the Marion Pronk Multipurpose Room at the Community Center. There will be holiday music, heavy finger foods, wine, and non-alcoholic holiday punch. The music will be a high point of the evening as well as the opportunity to enjoy the company of LOWLINC friends. We hope you can join us for this fun event and also wish you luck in winning one of the many door prizes. Please let Sparkle know by Friday, December 1 if you will be attending. In the spirit of the season, bring a non-perishable food item for the Wilderness Food Pantry if you wish.

**Rappahannock Choral Society Christmas Concert. Sunday, December 17, 3:00 p.m.**



We will attend a Christmas Concert performed by The Rappahannock Choral Society (RCS), an 80-voice, audition-only, regional chorus. The RCS will perform a delightful variety of seasonal music that will include

beloved favorites, carols we've known since childhood, beautiful classical pieces, at least one humorous piece guaranteed to bring a smile and a laugh, and a few numbers that may be new to you. This popular free concert is held at Chancellor High School.



**Member Survey Reminder:** Thank you, LOWLINC members, who have returned the Member Satisfaction Survey we included in last month's flyer. There's still time to complete and return the survey...this is your chance to let us know how we're doing and give us your ideas and suggestions about future activities and operations. Call Sparkle if you need another copy of the survey.

**Alert for LOWLINC Members:** You may have heard about a cyber-attack on one of the three big credit reporting companies. The Equifax credit reporting company's servers were attacked by hackers, and the confidential information of 143 million U.S. consumers may have been obtained by the hackers. Every U.S. consumer who has a credit history (loans, credit cards, etc.) has a record at the credit reporting companies. If you have not already done so, you should take steps to find out if your information was compromised and what to do about it.

If you are comfortable with the Internet, you can go to: <https://www.equifaxsecurity2017.com/> and follow directions. Equifax also has established a dedicated call center at 866-447-7559. It is available every day (including weekends) 7:00 a.m. — 1:00 a.m. Eastern Time.

In addition, the Federal Trade Commission has a summary of what to do at <https://www.consumer.ftc.gov/blog/2017/09/equifax-data-breach-what-do>.

**Medicare Open Enrollment Period Has Started:** Open enrollment for Medicare Part D (Prescription Plans) and Part C (Medicare Advantage) runs from October 15 to December 7.

The Virginia Insurance Counseling & Assistance Program and Rappahannock Rapidan Community Services have partnered to provide free one-on-one counseling to help you determine if your current plan(s) are the best ones for you. Please see the flyer on the back for more information about making an appointment. Call Sparkle if you need a ride to the appointment.

**Other Happenings in and around the Lake** (Call Sparkle if you need a ride)

**Vision-Impaired Support Group. Tuesday, November 7 at 10:00 a.m. in the Community Center.** The group is intended for community members with impaired vision. It offers the opportunity to discuss common problems and solutions related to vision issues. Sue Simmons, chair of the Vision Group for the LOW Lions, will lead the discussion. For more information please contact Gail Sauro at 972-1629.

**The Scammer Workshop** that is held periodically is being conducted again on **November 15** at 10:00 a.m. at the Community Center. The workshop covers 1) how to spot certain red flags that may indicate a fraudulent encounter; 2) resources you can turn to in the event you or a loved one are targeted; and 3) steps you can take now to help protect yourself and your loved ones. Reservations not needed. Call Sparkle for a ride.

**Civil War Study Group. Friday, November 17 at 10:30 a.m. in the Lower Level of the Club House.** "Still on Parade:" Civil War Veterans and a Usable Past in Great Depression-Era America. As Civil War veterans aged and their numbers began to dwindle as the 75th Anniversary of the American Civil War approached, what was their role in commemorating the events of their youth? [More info.](#)

**AARP Monthly Meeting, Monday, November 20.** Lake of the Woods residents welcome. Check the AARP website at <http://www.aarp5239.org/> for speaker information.



# Medicare Open Enrollment

**October 15–December 7, 2017**

*Do you....*

- ✓ **Have a Medicare Drug or Advantage Plan??**
- ✓ **Want to make sure you are getting the best deal possible??**
- ✓ **Like to see save money if possible??**

**Call us.....FREE, Unbiased,  
Confidential assistance is available!!**

**540-825-3100**

(ask to speak with the Support Coordinator for the county you live in)

