



## Social Activities for August 2017

**You're invited! Please call Sparkle to make a reservation (1-855-569-5462)**

**National Night Out. Meet local first responders and see demonstrations at the Community Center Pavilion. Tuesday, August 1, between 6:00 p.m. and 9:00 p.m.**



National Night Out is a community/police awareness event in the United States. Demonstrations at LOW's event will include the State Police K-9 unit and the Orange County Sheriff's Office bloodhound unit. LOW Fire and Rescue, Police and Boat Patrol Vehicles will be there. You will have a chance to talk with officers from the Sheriff's Office, Virginia State Police and the Department of Game and Inland Fisheries. Plans also include tables where individuals can sign up for Dwelling Live and Smart 911. Come by between 6:00 and 9:00 p.m.

**Lunch at The Lake of the Woods Clubhouse, including a short presentation on a new service available to members: Medical Note-taking. Saturday, August 12, 11:30 a.m. .**

The Clubhouse



We will be seated in the Club Room and will order from the lunch menu. We will have time for socialization, time for a delicious lunch and also time to tell you about a new service LOWLINC has available for members who would like assistance in taking notes during a medical appointment. Sometimes extra support is needed for a doctor's appointment and this opportunity will now be available upon request. If you cannot attend the lunch please let us know if you would like information on this new service.

**Beachy Mason Jar Adult Craft Program. Wilderness Branch Library; 6421 Flat Run Road. Friday, August 25, 10:30 a.m. to 12 noon. Free.**



Join in making a fun end of summer celebration craft - a beach inspired shell encrusted mason jar. You will be gluing stones to the outside of a mason jar. Use it for storage, as a candle holder, or a hanging light. Registration is required as soon as possible as the number of participants is limited to twenty adults. All supplies are provided. Call Sparkle early to reserve a seat.

**Reminder: Outsmart the Scammers. Seminar about scam awareness at the Community Center. Thursday, July 27, 6:00 p.m. to 7:30 p.m.**

Incidences of fraud are on the rise and scammer tactics are becoming more complex. It is important to educate oneself about fraud. While no one is immune, there are steps you can take to outsmart the scammers. The Small Business Professionals Network is sponsoring this free event. Refreshments will be served.

## LOWLINC Events: Looking Ahead to September

**Join LOWLINC in Celebration of Aging In Community.** Monday, September 25, 4:00 p.m. to 6:00 p.m. at the Community Center.



Have you ever wanted to know more about what the "village" movement is all about? The first village, Beacon Hill in Boston, began in February 2002, and is celebrating with an event that will be broadcast to villages across the country, including LOWLINC. The featured speaker is renowned surgeon, public health researcher and writer, Dr. Atul Gawande. He will speak about the value of community, the importance of maintaining autonomy as we age, and how villages help older people remain in their homes. (Note: this event is rescheduled from February 2017.)



**At the Hop. Swing to the sounds of the 1950s and 1960s with Bill Feterle, featuring special guest Sherri LaHay Lasover. Community Center. Saturday, September 30, 7:00 to 10:30 p.m.**

**See the enclosed flyer for details and info on ordering tickets.**

### Other Happenings at the Lake (Call Sparkle if you need a ride)

**Civil War Study Group. July 28 at 10:30 a.m. in the Lower Level of the Club House.** The speaker is Frank Stringfellow Walker, Jr. His topic is the Mine Run Campaign on Nov.- Dec. 1863.

**LOW Vision Support Group. Tuesday, August 1 at 10:00 a.m. in the Community Center.** The group is intended for community members with impaired vision. It offers the opportunity to discuss common problems and solutions related to vision issues. For more information please contact Gail Sauro at 972-1629

**AARP Driver Safety Course. August 25 from 8:00 a.m. to 4:00 p.m. in the Community Center.** Learn strategies and techniques for safe driving and possibly receive a reduction in your car insurance rate. The course also will cover new traffic laws and rules of the road.

The **one-day** course includes a working lunch. **Please bring a brown bag lunch** and snacks since there will be no time to go out to lunch. You must be present the entire class time. The cost is \$15 for national AARP members and \$20 for non-members. Checks should be made payable to AARP. To register call Su at 1-540 208-1914(cell) and mail check to Su Bielmeier, AARP Instructor, at 1310 Eastover Pkwy, Locust Grove, VA 22508. Please include your name, address, phone number and email address. On Aug. 25, please bring your Driver's License and your national AARP card (if applicable). The LOW Lion's Club hosts this course.



**With Special Guest: Sherri LaHay Lasover**

**Saturday, September 30, 2017  
Community Center  
7:00-10:30 p.m.**



# Concert & Dance

-  Cash Bar
-  Prizes for Special Dances
-  Snacks Available
-  \$18.00 per Person

**Dress for the 1950s - 1960s**

**Tickets go on sale August 7, 2017 at 9:00 a.m.**

Reserve seats now-seating limited

**To order tickets, visit [www.lowlinc.org](http://www.lowlinc.org) or call 540-972-5593**

**Benefit for**

